What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist

Was Psychology your undergraduate major?

- (●) Yes
- ( ) No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

Other (please type below)

Military

In just a few words, how would you describe your job? What are the primary activities you engage in?

Provide direct care to active duty military. Service as consultant to unit commanders on mental health issues. Supervise unlicensed clincians and enlisted technicians. Hold adjunct appointment at 4 year university and teach graduate research methods.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	20	20	20	30

What makes your field most unique from some of the other fields on the list above?

Military officer: focus is on brief solution focused therapy that emphasizes consideration of functional impact over personal distress to return warfighter to mission. Also responsible as mental health subject mater expert for unit commanders to advise se on a wide variety of behavioral issues

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Administration, supervision and oversight of mental health clinic requires understanding and tracking of business plans, referrals, integrated healthcare management and personnel management and training for paraprofessionals

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Compensation for military psychologists is higher than most. Clinical experiences are incredibly rewarding. Air Force is very professional organization, opportunities are diverse and varied and can be more or less "military" depending on interests.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Have to be comfortable working as part of a team and being able to work for and with others

(Optional) What is your age?

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(Optional) If you would like students to contact you with questions, please list your email below

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