What did I do with my Psychology major?

What is your primary discipline/field?

Licensed professional counselor

Was Psychology your undergraduate major?

- [x] Yes
- [ ] No

What degree is required (or most typical) for your job?

MA/MS

What is your primary work setting?

Private practice

In just a few words, how would you describe your job? What are the primary activities you engage in?

I typically engage in therapy with children, adolescents, adults, and families. My interest and passion is working with children. I also complete full psychological evaluations since I work under a Licensed Psychologist.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10		40	50	10

What makes your field most unique from some of the other fields on the list above?

I think because of where I am employed I am able to engage in activities that other LPCs who work at other organizations are not able to complete (i.e., psychological testing). I am also able to really interact with clients and develop my own therapeutic style that works best for myself.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

I am also the Clinical Director at our practice so I have received experience doing clerical work and business administration.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The best thing about my job is working and interacting with clients. I have a passion for helping children who have experienced trauma, been removed from their parents, or have been adopted and I love being able to be a positive person in their lives.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Sometimes there can be a lot of paperwork involved depending on insurance companies and/or the agency you work for.

(Optional) What is your age?

27

(Optional) If you would like students to contact you with questions, please list your email below

kcapano@ahbpsych.com