

Psychology-Related Careers

Many undergraduate students are interested in psychology, but do not know too much about the many psychology-related career options that are available. This compilation is by no means exhaustive, but it offers 29 brief profiles of psychology-related careers written by professionals themselves. Many different types of careers are represented and in many different types of settings. Enjoy!

What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist

Was Psychology your undergraduate major?

Yes

No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

Gov't agency/VA/social services

In just a few words, how would you describe your job? What are the primary activities you engage in?

I'm a mental health administrator in a large, academically-affiliated VA Hospital. I work with a small team to oversee healthcare delivery for approximately 13,000 mental health outpatients annually, including staff supervision, program & process development, maintenance of clinical standards, etc.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

Teaching

20

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

80

What makes your field most unique from some of the other fields on the list above?

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

A significant number of my responsibilities are non-psychology-related that I would not have anticipated as a student or junior professional, including resource requests, staff evaluations, systems redesign, and responding to national directives.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Although I provide almost no direct clinical care, I have the opportunity to positively influence the mental health care of thousands of patients each year through program development and oversight, resource allocation, and training/education.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Although there is a lot of bureaucracy in any large medical and/or academic institution (including mine), I wouldn't let that discourage someone. Any job worth doing will have obstacles and challenges to overcome.

(Optional) What is your age?

42

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist
[]

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Gov't agency/VA/social services
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I work in an academic medical setting doing mostly research, with a little bit of direct patient care and clinical supervision

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

80

Teaching

10

Practice:
Assessment

[]

Practice:
Therapy

[]

Consultation
or
Administration

10

What makes your field most unique from some of the other fields on the list above?

The ability to do clinical work, research, and teaching

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

my job includes accounting, personnel management, business administration, and clerical work.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The independence and ability to follow your interests

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

the regulatory paperwork

(Optional) What is your age?

28

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

Intensive training and technical assistance to human service agencies, organizations, and systems and to communities to build capacity for the implementation and scale-up of evidence-based practices. Education and public policy advocacy for the implementation and scale-up of evidence-based practice

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
20	[]	[]	[]	80

What makes your field most unique from some of the other fields on the list above?

Implementation science and practice is a trans-disciplinary field that requires strong content knowledge in the implementation of evidence-based innovations and human and organizational behavior change and support.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Organizational development and systems transformation, although these might be said to share a lot with psychology themselves!

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The ability to interact with diverse stakeholders at all levels of human and community service systems in order to produce socially significant outcomes and sustainable and effective practice.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

There is a good bit of public systems work and federal contracts, which requires dealing with bureaucracies and slow-to-change systems.

(Optional) What is your age?

34

(Optional) If you would like students to contact you with questions, please list your email below

will.aldrige.ii@gmail.com

What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Other (type below)
MBA

What is your primary work setting?

For-profit business

In just a few words, how would you describe your job? What are the primary activities you engage in?

Marketing of Pharmaceutical Products. Development of a variety of materials to educate and promote medicines to physicians.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

What makes your field most unique from some of the other fields on the list above?

I am not actively engaged in the traditional practice of psychology, although I rely on a number of skill sets acquired during my training in my current role as a marketer

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

I have been involved with accounting, market research, forecasting, drug development, manufacturing, regulatory (FDA) related activities, an understanding of the healthcare system and reimbursement programs (public and private), exposure to the global pharmaceutical business

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Change is a constant - you never get bored. there are so many disparate areas that one can explore in the pharmaceutical business, not to mention developing a deep understanding of numerous disease states. Compensation is also linked to performance.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Although well compensated, marketing in the pharmaceutical industry is a fast paced, demanding environment that makes maintaining a good work/life balance challenging. You also need to be comfortable with frequent change and a competitive environment

(Optional) What is your age?

48

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Clinical psychologist
[]

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Other (please type below)
Military

In just a few words, how would you describe your job? What are the primary activities you engage in?

Provide direct care to active duty military. Service as consultant to unit commanders on mental health issues. Supervise unlicensed clinicians and enlisted technicians. Hold adjunct appointment at 4 year university and teach graduate research methods.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	20	20	20	30

What makes your field most unique from some of the other fields on the list above?

Military officer: focus is on brief solution focused therapy that emphasizes consideration of functional impact over personal distress to return warfighter to mission. Also responsible as mental health subject mater expert for unit commanders to advise se on a wide variety of behavioral issues

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Administration, supervision and oversight of mental health clinic requires understanding and tracking of business plans, referrals, integrated healthcare management and personnel management and training for paraprofessionals

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Compensation for military psychologists is higher than most. Clinical experiences are incredibly rewarding. Air Force is very professional organization, opportunities are diverse and varied and can be more or less "military" depending on interests.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Have to be comfortable working as part of a team and being able to work for and with others

(Optional) What is your age?

29

(Optional) If you would like students to contact you with questions, please list your email below

randoll@alumni.unc.edu

What did I do with my Psychology major?

What is your primary discipline/field?

Cognitive psychologist

Was Psychology your undergraduate major?

Yes

No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

Research, Teaching, Administration, journal editing

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

50

Teaching

30

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

20

What makes your field most unique from some of the other fields on the list above?

The combination of foci on using empirical data to shed light on our understanding of the mind and brain (though this is really true of experimental psychology more generally).

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Based on my graduate-school training, there were no big surprises about what was required. Perhaps the degree of personnel management and administration was a bit more than expected.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

I get a lot of satisfaction from figuring out the best explanations for a particular phenomenon I am investigating. I also enjoy the continual new learning that is a regular part of my job. As a journal editor, it is fun to have a hand in shaping the direction of my sub area of psychology.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Actually, I enjoy most elements of my job (it is a fortunate situation). The only discouraging aspect of the field is the paucity of positions at research universities. This is a very important reason for hesitating before jumping into this career.

(Optional) What is your age?

49

(Optional) If you would like students to contact you with questions, please list your email below

nmulligan@unc.edu

What did I do with my Psychology major?

What is your primary discipline/field?

Other (please type below)

Human Factors / User Experience

Was Psychology your undergraduate major?

Yes

No

What degree is required (or most typical) for your job?

MA/MS

What is your primary work setting?

For-profit business

In just a few words, how would you describe your job? What are the primary activities you engage in?

Ensuring the optimal user experience for tools, systems, and websites. This involves:

- Conducting user interviews to determine end-user requirements
- Designing interfaces (for websites or other tools)
- Conducting usability testing to ensure that the design meets the primary needs of the end user

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

10

Teaching

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

20

What makes your field most unique from some of the other fields on the list above?

This field uses basic theoretical cognitive principles - attention, memory, perception, decision-making, etc. However, the focus is applying those concepts; so rather than building upon extant research, it is about understanding how we can use that to optimize the end-user experience in a product.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

There are a lot of meetings (all day sometimes). There is also a high level of client engagement - working with and managing the expectations of your client / customer. Finally, sometimes I am responsible for driving a project forward and ensuring that milestones are met.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The creativity it requires. I like coming into the office and doing my part in bringing a set of requirements on paper to life, turning it into the front end of something that people will use, and will their lives easier once it goes live. I also like the structure it provides.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

The meetings can get in the way of work. The battles that we're forced to fight to resolve differences between the needs of the developers and the needs of the end-users. In many companies, developers hold more power and have more money, so the battle is often uphill.

(Optional) What is your age?

35

(Optional) If you would like students to contact you with questions, please list your email below

jeff.lozito@gmail.com

What did I do with my Psychology major?

What is your primary discipline/field?

Counseling psychologist
[]

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am the director of a university counseling center, a mental health agency providing services to a defined (college student) population. This agency provides urgent care, clinical assessment, individual therapy, group therapy, outreach, and consultation services, as well as training.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
[]	20	10	20	50

What makes your field most unique from some of the other fields on the list above?

Counseling psychology focuses on developmental, cultural, adaptive, and preventive perspectives. Vocational psychology is also a large focus for counseling psychologists.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

University mental health care involves a major focus on public health issues and perspectives, so a large part of what I do involves systems work.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Higher education mental health care is a fantastic choice! I am able to work in a creative and supportive setting, my work is varied and engaging, and the population is very well-suited to psychological interventions and change.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

I would say that the least favorite thing about my field is the process of making it to independent functioning. Be ready for a marathon, not a sprint!

(Optional) What is your age?

[]

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Developmental psychologist

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

Coordinate and oversee university-wide research and engagement in education and human development, including: managing and directing activities of data staff; making research grants; connecting and collaborating with multidisciplinary faculty; oversee and conduct program evaluations.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

20

Teaching

10

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

70

What makes your field most unique from some of the other fields on the list above?

Contributes to my understanding of developmental phenomena; amenable to coordinating multidisciplinary teams; grasp of applied research-to-policy link.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

It includes many non psych skills but that was not a surprise. More surprising was my previous job as program evaluator for the NC General Assembly, where activities included evaluating programs far beyond the realm of child development (e.g. research farm management structure) and drafting bills.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Love the diverse activities, working with wonderfully diverse colleagues, learning about new fields and methods every day, facilitating connections in a world that is woefully siloed most of the time.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Competitiveness, isolation, difficulty getting funding.

(Optional) What is your age?

57

(Optional) If you would like students to contact you with questions, please list your email below

carol.ripple@duke.edu

What did I do with my Psychology major?

What is your primary discipline/field?

Developmental psychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

Research; research supervision; teaching (both formal and informal, including mentoring students and colleagues); administration

Also, outside of the formal aspects of the job at the university, there are professional responsibilities: journal reviews and editing; grant reviews; committee work

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
[50]	[40]	[]	[]	[10]

What makes your field most unique from some of the other fields on the list above?

The mix of research and teaching at the undergraduate and graduate levels; the opportunity to choose topics to study

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Under research, there certainly are accounting and personnel management tasks. Under administration, there certainly is a fair amount of personnel management, business administration, etc., that is involved.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

It's great fun! And it's a privilege to (a) carry out research on important topics; (b) teach graduate and undergraduate students (regardless of whether they do or do not go on in psychology); and (c) work individually with undergraduates, graduate students, postdocs, and faculty colleagues.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

In order to do research at a research-oriented university, one is always involved in grant writing in order to (a) support the research effort and (b) provide financial support for students and assistants working with you. Grant writing is important, but not always fun!

(Optional) What is your age?

[72]

(Optional) If you would like students to contact you with questions, please list your email below

[pao@unc.edu]

What did I do with my Psychology major?

What is your primary discipline/field?

Developmental psychologist
[]

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am a professor in a School of Public Policy. I conduct applied research on the effects of poverty and social policies on children and families. I teach undergraduate public policy majors, Masters of Public Policy students, and public policy PhD students.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
50	50	[]	[]	[]

What makes your field most unique from some of the other fields on the list above?

I interact across disciplinary lines, including with economists, sociologists and researchers trained in public health. We are usually brought together by a goal of better understanding an important social problem and seek ways of researching that problem using the tools of multiple disciplines.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

When I get a grant, I am ultimately responsible for making sure the funds are properly spent, which involves some very basic accounting and some administrative work.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Conducting research that has real-world implications. The goal is for the results of my work to lead to improvements in the lives of low-income children. This field is deeply engaged with the world outside of academia.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Interdisciplinary work can be challenging. It takes more time to successfully collaborate with researchers whose training varied from your own.

(Optional) What is your age?

36

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Neuroscientist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Hospital or medical school
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

Postdoctoral research fellow in molecular neurophysiology at UNC School of Medicine. I do bench science combined with behavioral studies to examine the mechanisms in the brain by which chronic stress and alcohol drinking contribute to negative outcomes, such as alcoholism, anxiety, and depression.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
[100]	[]	[]	[]	[]

What makes your field most unique from some of the other fields on the list above?

Much more basic science. I studied behavior, then systems/circuits in the brain, and now I combine these approaches with very molecular research to study mechanisms of behavior.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

A big part of my job is writing grants for federal funding of my research. This requires both accounting/budgeting expertise, as well as strong writing, time management, and organization skills that do not seem inherent to being a scientist.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Intellectual independence.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Employment is dependent on successful grants, which is stressful and difficult to maintain!

(Optional) What is your age?

[31]

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Industrial/organizational psychologist
[]

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

Other (type below)
Either a M

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

Research, teaching, service to university
[]

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

40 []

Teaching

40 []

Practice:
Assessment

[]

Practice:
Therapy

[]

Consultation
or
Administration

30 []

What makes your field most unique from some of the other fields on the list above?

My research and teaching is focused on the human and organizational aspects of one's work. My teaching ranges from "macro" topics like organizational design/structure, matrix organizations, etc. to the more micro dynamics of interpersonal influence, motivation, communication-all within work settings

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Administrative work at the university requires some knowledge of budgeting and the like. Working with executives requires some broader knowledge of business, corporate strategy, etc.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The variety of things that you get to do and the diversity of individuals you get to work with as well as the opportunity to learn about different businesses, jobs, etc.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

It is a long haul from a training standpoint (PhD is typically 5 years additional post-BA). Publishing in our top journals is a challenging task (rejection rates of 85+%)

(Optional) What is your age?

50 []

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Industrial/organizational psychologist

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am actually a professor and CEO of a consulting firm with 15 full-time employees so it is probably best to describe what I do as a Scientist-Practitioner. I do research, publish papers and teach undergraduate & graduate classes. I also work with clients on issues of assessment & selection.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

30

Teaching

30

Practice: Assessment

40

Practice: Therapy

Consultation or Administration

What makes your field most unique from some of the other fields on the list above?

The ability to take what I learn from research and apply it directly to problems experienced by organizations.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

My job as a professor is pretty much as expected but being the CEO of a consulting firm requires a great deal of management/administration and leadership.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

You learn new things ALL the time. It is fast paced, interesting and it gives you a real sense of accomplishment when you complete a project.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

I would not discourage anyone from this field. I have been at it for nearly 40 years and I have seen a lot of different careers, being an I/O Psychologist is simply great. I work a lot of hours most weeks but enjoying what I do makes it worthwhile.

(Optional) What is your age?

63

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Industrial/organizational psychologist
[]

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Other (please type below)
not-for-profit educational and research inst.

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am the vice president of Research, Innovation, and Product Development (RIPD). I work with my team and my executive team colleagues to set strategy and direction, create and identify resources, and engage in the work of RIPD.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	10	[]	[]	50

What makes your field most unique from some of the other fields on the list above?

The remainder of my time is spent in practice, but this is not assessment nor therapy. I am applying our work with our clients through our leadership development and organizational leadership services.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

When I entered this field, I did not intend to go into management. Yet in my leadership role, I am engaged in the strategic and P&L aspects of senior leadership. While it is different than the applied research role I initially began, it is fulfilling to participate in the future of the org.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

I love the mix of applied research. In my role and organization, we are doing research with real leadership populations around the world and creating applications to support leadership development for leaders of all ages and levels.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

I wouldn't. Although I could make more money in a consulting or for-profit organization, I love the work we do - it is fulfilling.

(Optional) What is your age?

48

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Licensed professional counselor
[]

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

MA/MS
[]

What is your primary work setting?

Private practice
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I provide outpatient therapy to individuals, groups, and families in a private practice setting.

Clinical assessments & treatment planning
Psychological/Psychoeducational assessments and report writing
CBT, DBT, MI, Solution-focused, Play Therapy

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	10	30	50	20

What makes your field most unique from some of the other fields on the list above?

Counseling upholds a holistic approach that aims to enhance the mental health and well-being of individuals, couples, groups and families across the lifespan. It is also a strength-based approach, in that it helps clients to identify and build upon their individual strengths and abilities.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

My scheduling, billing, insurance-related issues, etc. is managed by the administrative office at my practice. I am unable to think of any non-psychology-related activities that my job entails. However, my practice has recently encouraged us to engage in some of our own marketing strategies.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Counselors can provide therapy at the masters level in many different settings, without having to pursue a doctoral degree. Once fully licensed, they can practice independently and do not require supervision. I also love the holistic and strengths-based approach to providing therapeutic services.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

The pay is somewhat less than if you have a doctoral degree; however, once fully licensed and depending on your setting (i.e., private practice), the difference in pay may not be that significant. Also, the licensing board (NCBLPC) can be a little confusing at times.

(Optional) What is your age?

28

(Optional) If you would like students to contact you with questions, please list your email below

sarajcalhoun@gmail.com

What did I do with my Psychology major?

What is your primary discipline/field?

Licensed professional counselor
[]

Was Psychology your undergraduate major?

- Yes
- No

What degree is required (or most typical) for your job?

MA/MS
[]

What is your primary work setting?

Private practice
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I typically engage in therapy with children, adolescents, adults, and families. My interest and passion is working with children. I also complete full psychological evaluations since I work under a Licensed Psychologist.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	[]	40	50	10

What makes your field most unique from some of the other fields on the list above?

I think because of where I am employed I am able to engage in activities that other LPCs who work at other organizations are not able to complete (i.e., psychological testing). I am also able to really interact with clients and develop my own therapeutic style that works best for myself.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

I am also the Clinical Director at our practice so I have received experience doing clerical work and business administration.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The best thing about my job is working and interacting with clients. I have a passion for helping children who have experienced trauma, been removed from their parents, or have been adopted and I love being able to be a positive person in their lives.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Sometimes there can be a lot of paperwork involved depending on insurance companies and/or the agency you work for.

(Optional) What is your age?

27

(Optional) If you would like students to contact you with questions, please list your email below

kcapano@ahbpsych.com

What did I do with my Psychology major?

What is your primary discipline/field?

Marketing professional

Was Psychology your undergraduate major?

Yes

No

What degree is required (or most typical) for your job?

MA/MS

What is your primary work setting?

For-profit business

In just a few words, how would you describe your job? What are the primary activities you engage in?

Primary market research - designing research (primarily among physicians), analyzing results and reporting them to the marketing team.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

100

Teaching

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

What makes your field most unique from some of the other fields on the list above?

100% of my time is spent on research. Also the focus of the research is much different - it's not about individuals, but rather how to connect our products with the right customers.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Lots of paperwork/documentation, business improvement (ways to improve efficiencies of meetings, etc.)

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Seeing the impact of what I do. For the pharmaceutical industry specifically, my research helps connect the right medicines to people who need them. Also, I still get to do all the parts of research that I enjoyed from psychology; it's just focused on different topics - with a much quicker timeline.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

The paperwork. The pharmaceutical industry is highly regulated - and that means lots of paperwork. Documentation, and more documentation - for contracts, evaluating whether stimuli needs medical/legal review, monitoring for reported adverse events, recording budgets (and budget changes)

(Optional) What is your age?

39

(Optional) If you would like students to contact you with questions, please list your email below

keisha.a.burdick@gsk.com

What did I do with my Psychology major?

What is your primary discipline/field?

Other (please type below)
Business school professor

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

I do research on consumer behavior and on research methodology. I teach business undergrad and masters students how to use data to make business decisions and I teach PhD students experimental design.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
40	40			20

What makes your field most unique from some of the other fields on the list above?

Highly interdisciplinary. I'm in marketing and my research topics overlap with people in economics, finance, anthropology, sociology, as well as psychology.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

I didn't realize the breadth of nonexperimental methods.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Really exciting substantive problems and there are actually academic jobs out there.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

business schools are envied across campus by people in related fields because we have more resources.

(Optional) What is your age?

60

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Neuropsychologist

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

Gov't agency/VA/social services

In just a few words, how would you describe your job? What are the primary activities you engage in?

Psychological assessment, some administrative, some research

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

10

Teaching

20

Practice:
Assessment

50

Practice:
Therapy

Consultation
or
Administration

20

What makes your field most unique from some of the other fields on the list above?

Specific assessment of brain and behavior relationships and impact of neurological/psychological disease on cognitive function.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Lots of clerical work (scheduling pts, checking out appts, monitoring consults).

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Understanding how the brain works and how specific behaviors can be linked to specific brain regions is amazing. Understanding a complex interconnected brain network is super cool.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

the administrative stuff (and some times the report writing).

(Optional) What is your age?

48

(Optional) If you would like students to contact you with questions, please list your email below

laura.grande@va.gov

What did I do with my Psychology major?

What is your primary discipline/field?

Neuropsychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Hospital or medical school
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

pediatric neuropsychologist in teaching hospital; involved in neuropsychological assessment and consultation, research, education and training of psychology interns and specialty postdoctoral residents

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	30	30	[]	30

What makes your field most unique from some of the other fields on the list above?

focus on understanding brain behavior relationships in the context of development; integrative approach to assessment and consultation

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

personnel management, administration and management in health care setting, some clerical work, program development

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

interdisciplinary work, assessment and management of complex medical and neurological disorders in the context of development and contextual factors and contribution to promoting optimal development and outcomes; rapid advancements in field and ongoing learning

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

bureaucratic issues in health care professions

(Optional) What is your age?

[]

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Neuropsychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

Private practice
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I engage in neuropsychological evaluation of children with known or suspected brain damage or developmental disability.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10	10	80	[]	[]

What makes your field most unique from some of the other fields on the list above?

The focus on neurologic conditions and understanding of functional neuroanatomy and how various neurologic and neurodevelopmental conditions impact cognitive, behavior and emotional functioning.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

All of the above. I do the book keeping with Quickbooks, I manage and office manager, I collect data on the business and seek ways to improve business and make it more efficient and accessible to people, i deal with insurance companies, helping families to get services covered.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The brain is fascinating and you will never get bored studying it whether it is through research or clinical work.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

I do not like all the writing I have to do, which is about 50% of my job! I also am still paying off my student loans, so, the cost of having a prolonged education can be tough if you don't have the resources to cover your expenses while you are in school. I do not feel like a make enough money.

(Optional) What is your age?

47

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Neuroscientist

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am a professor in a psychology department affiliated with the behavioral neuroscience program. I teach, mentor students, manage a laboratory, serve on university committees, do research, and write papers and grants.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?

50

Teaching

30

Practice:
Assessment

Practice:
Therapy

Consultation
or
Administration

20

What makes your field most unique from some of the other fields on the list above?

My field involves pre-clinical research using animals models.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

With an NIH-funded lab I am essentially running a business. I manage employees (and students), oversee a budget, and spend a lot of time making sure that my business is performing optimally.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Being involved with discovery of new neurobiological mechanisms is highly rewarding.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

The constant battle for grant money in a time of reduced government funding can be stressful.

(Optional) What is your age?

47

(Optional) If you would like students to contact you with questions, please list your email below

thiele@unc.edu

What did I do with my Psychology major?

What is your primary discipline/field?

Other (please type below)
Organizational Behavior

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am a tenure-track professor in a business school. My primary responsibilities are research and teaching. I have taught undergraduates, MBA students, and PhD students. I also do a lot of "executive teaching" - teaching leadership/psychology topics to fully-employed business people.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
30	50			20

What makes your field most unique from some of the other fields on the list above?

Organizational Behavior is part of a business school, not a psychology department. We primarily teach MBA students.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Academia in general is great for people who love new ideas, and who love to pick and choose what they work on. Organizational Behavior is great for those who are interested in social or i/o psychology, but who want to apply psychology to the workplace.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

We do a lot of MBA teaching, which I don't find as enjoyable as undergraduate teaching. There is a lot of uncertainty in an academic career due to the research/publication process. Hard work is not as correlated with success as it is in some other fields.

(Optional) What is your age?

38

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Quantitative psychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am a university professor specializing in quantitative psychology. My primary work responsibilities are to make unique contributions to the psychological sciences via quantitative methods; to study adolescent development using advanced methodologies; and to teach classes and advise students.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
50	20	[]	[]	30

What makes your field most unique from some of the other fields on the list above?

As a field, we strive to support and propel the study of the individual through the development of novel statistical models and research designs. We focus on quantitative methods as a way of knowing about the world.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

I have held a number of large grants to support my research from the federal government. I had no idea how challenging it would be to administer these grants – it is literally running a small business.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

I utterly love my job. I am paid to (1) develop new knowledge and (2) teach people about it. There's no other job I would rather have than this.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

As with any job, there are political issues that must be attended to -- from the university, from granting agencies, from publication outlets. But I view these as minor issues -- it's a natural by-product of any job.

(Optional) What is your age?

49

(Optional) If you would like students to contact you with questions, please list your email below

curran@unc.edu

What did I do with my Psychology major?

What is your primary discipline/field?

Other (please type below)
Rehabilitation Counselor

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

MA/MS

What is your primary work setting?

Other (please type below)
Academia. I am a Rehabilitation Counselor.

In just a few words, how would you describe your job? What are the primary activities you engage in?

Client Evaluation and Counseling, Vocational Rehabilitation, Mental Health Counseling, Community Re-entry. Rehabilitation counselors help people with emotional and physical disabilities live independently. Evaluate the client, job market, teach clients secure jobs (interviewing, accommodations, etc)

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
<input type="text" value="50"/>	<input type="text" value="30"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="20"/>

What makes your field most unique from some of the other fields on the list above?

Disability and vocational rehabilitation. Help with finding or maintaining employment for someone who acquired a chronic illness or disability, or for someone with a congenital disability as he/she reaches working age.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

clerical work, employer development (teaching employers about the skills, abilities and capabilities of persons with disabilities, reasonable accommodations, disability policy), knowledge of assistive technology

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

the job outlook is really favorable. our graduates easily find employment. variety of job options (types of settings). the holistic nature of this profession and approach to counseling practice.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

n/a

(Optional) What is your age?

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Other (please type below)
Social psychologist/Consumer rese

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.

What is your primary work setting?

University

In just a few words, how would you describe your job? What are the primary activities you engage in?

I'm a business school professor, teaching consumer behavior and marketing for societal good. I engage in research, teaching, shaping our undergraduate curriculum, and making editorial decisions about what research should be published in international peer-reviewed academic journals.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
20	20			60

What makes your field most unique from some of the other fields on the list above?

I bring social and cognitive psychology to students who often have little background in those fields. The business school setting puts me in contact with managers in both for-profits and non-profits and is overall a resource-rich environment (i.e., we don't need to pursue grant funding).

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

My job is psychology-intensive. I don't spend much time on non-psychology activities.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Hugh amount of autonomy to study what I want in my research and teach what I want to students.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Getting a Ph.D. is time-consuming (5 years in my case) and getting tenure requires a lot of hard work and some luck in publishing articles.

(Optional) What is your age?

(Optional) If you would like students to contact you with questions, please list your email below

What did I do with my Psychology major?

What is your primary discipline/field?

Social worker (clinical) [dropdown]
[text box]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Other (type below) [dropdown]
MSW [text box]

What is your primary work setting?

Other (please type below) [dropdown]
Home (contractor) [text box]

In just a few words, how would you describe your job? What are the primary activities you engage in?

Currently, I direct a program for fathers who've committed domestic violence. My primary activities include recruiting participants, liaising with referral sources, training facilitators, revising our curriculum, facilitating and/or observing sessions, applying for funding, and managing our budget.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
10 [dropdown]	20 [dropdown]	10 [dropdown]	10 [dropdown]	50 [dropdown]

What makes your field most unique from some of the other fields on the list above?

I think what makes social work so unique is the versatility of the degree. I can hold such a range of positions with this degree. I also think that social work's focus on social justice makes it different from other mental health-related fields like psychology or counseling.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Budgeting, personnel management, court appearances and other legal matters

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The opporunities I have with this degree are really only limited by my experience and interests. I have and can provided therapy to individuals and groups, delivered numerous training presentations to other professionals, applied for and managed large grants, supervised other social workers, etc.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

It can be tireless. You're working WITH or FOR people all the time, and they're usually not happy or fortunate people. The systems within which social workers have to maneuver can be cumbersome and bureacratic. There's never enough money to do what your program/agency really needs to do.

(Optional) What is your age?

33 [text box]

(Optional) If you would like students to contact you with questions, please list your email below

katie17@gmail.com [text box]

What did I do with my Psychology major?

What is your primary discipline/field?

Social worker (clinical)
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

MA/MS
[]

What is your primary work setting?

Hospital or medical school
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I work in the Emergency Department. I assist in crisis management, discharge planning, referrals, etc. as well as involuntary commitments. I also provide clinical supervision and do utilization review.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
[]	20 []	10 []	20 []	50 []

What makes your field most unique from some of the other fields on the list above?

I get to work with people of all ages and walks of life. I am granted the opportunity to learn about many different aspects of health care, social work, and psychiatry. The utilization review piece is definitely different than most fields.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Knowledge of health care terminology.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

In social work in general, there are so many different opportunities. I've worked in DSS, forensic psych, and now health care.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

We are not well paid and the job can be very stressful. Please know that even if you have a PhD in clinical psych an MD has more respect despite all of your training.

(Optional) What is your age?

30 []

(Optional) If you would like students to contact you with questions, please list your email below

christalcarter@gmail.com []

What did I do with my Psychology major?

What is your primary discipline/field?

Sports psychologist
[]

Was Psychology your undergraduate major?

- Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I am a professor of psychology at a small college, where I teach graduate and undergraduate classes, and conduct research on psychological aspects of sport and exercise.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
30	70	[]	[]	[]

What makes your field most unique from some of the other fields on the list above?

I'm not sure how unique sport and exercise psychology is, but it is a multidisciplinary field that has advanced greatly as a profession over the past four decades even as it has struggled to maintain a foothold in academic institutions.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Although my current responsibilities are mainly teaching and research (activities for which I was trained), I have at other times engaged in activities for which I was not trained, including marketing, personnel management, coaching, and various administrative duties.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

The best thing about pursuing an academic career in sport and exercise psychology is, in my opinion, the flexibility to engage in many activities that, over the years, have included teaching, research, consulting with athletes, and multimedia development.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

Very few psychology departments have faculty positions in sport and exercise psychology. My position owes more to my background in clinical psychology than to my research background in sport and exercise psychology. Most of my sport and exercise psychology activity is "on the side."

(Optional) What is your age?

50

(Optional) If you would like students to contact you with questions, please list your email below

[]

What did I do with my Psychology major?

What is your primary discipline/field?

Sports psychologist
[]

Was Psychology your undergraduate major?

Yes
 No

What degree is required (or most typical) for your job?

Ph.D./Psy.D.
[]

What is your primary work setting?

University
[]

In just a few words, how would you describe your job? What are the primary activities you engage in?

I hold a full-time (tenured) position at a 4-year university. So, my job requirements include what is typical in this setting: teaching, research/writing, and service. The latter two areas constitute much of my "sport and exercise" work.

Can you guesstimate about what percentage of your work time you spend engaged in each of the following activities?

Research?	Teaching	Practice: Assessment	Practice: Therapy	Consultation or Administration
30	50	[]	[]	10

What makes your field most unique from some of the other fields on the list above?

Sport and Exercise Psychology -when compared to many other fields - is still relatively young, perhaps an "adolescent" stage. There is still much room to make some major contributions to the future directions of the field, and also carve your own niche in terms of professional work.

What other non-psychology-related activities does your job entail that you did not expect? For instance, does your job include accounting, personnel management, business administration, clerical work, or other activities?

Although it is "academic" in nature, faculty at our university also are student academic advisors, so (about twice a year for about a month) many office hours are used for this purpose.

What is the BEST thing about your field? What would you tell a college student to encourage them to enter your field?

Sport Psychologists can legitimately say (in my opinion) there should be no stigma attached to their work. Clientele are (generally) highly functioning individuals with athletic performance related issues. Your "office" may be a playing field.

What is your LEAST FAVORITE thing about your field? What would you tell a college student to DISCOURAGE them to enter?

This may not be distinct to this field: Academia is a small world (and SEP is no different). Sometimes, you get a sense that a few select individuals are "calling the shots" with many decisions.

(Optional) What is your age?

36

(Optional) If you would like students to contact you with questions, please list your email below

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