

**Mitchell J. Prinstein, Ph.D., ABPP** is the John Van Seters Distinguished Professor of Psychology and the Director of Clinical Psychology at the University of North Carolina at Chapel Hill. He received his Ph.D. in clinical psychology from the University of Miami and completed his internship and postdoctoral fellowship at the Brown University Clinical Psychology Training Consortium. Mitch's research examines interpersonal models of internalizing symptoms and health risk behaviors among adolescents, with a specific focus on the unique role of peer relationships in the developmental psychopathology of depression and self-injury. He is the PI on several past and active grants from the National Institute of Mental Health, the National Institute of Child and Human Development, and several private foundations. He serves as the Editor for the *Journal of Clinical Child and Adolescent Psychology*, and is an editorial board member for several developmental psychopathology journals. Mitch is a Fellow of the Association for Psychological Science and the American Psychological Association Divisions 53 and 12. He has received several national and university-based awards recognizing his contributions to research (American Psychological Association Society of Clinical Psychology Theodore Blau Early Career Award, Columbia University/Brickell Award for research on suicidality), teaching/mentoring (Association of Behavioral and Cognitive Therapy Mentor Award, UNC Chapel Hill Tanner Award for Undergraduate Teaching), and professional development of graduate students (American Psychological Association of Graduate Students Raymond D. Fowler Award).

Mitch has been highly active in service positions within the field of psychology. He served as the Chair of, and later consultant to, the American Psychological Association of Graduate Students. He was the first student member of the APA Board of Directors and served for several years on the APA Council of Representatives. Through his involvement with APAGS, Mitch also served on the Psychology Executives Roundtable, the APPIC Board, and the APA Board of Educational Affairs. Mitch was the Chair of the APA ad hoc Committee on Early Career Psychologists, and most recently was appointed to the APA Good Governance Committee and the Implementation Work Group to assess and redesign the governance system of the American Psychological Association. Mitch has served in a variety of roles for the Society of Clinical Child and Adolescent Psychology (SCCAP). He has been a member of the Council of Specialties in Professional Psychology, and currently serves as a Member at Large on the Board of the Council of University Directors of Clinical Psychology (CUDCP). Mitch recently was elected as President of the Society for a Science of Clinical Psychology (APA Division 12, Section 3). Mitch served as the Web Editor for the Association for Behavioral and Cognitive Therapies and is the Co-Editor of [effectivechildtherapy.com](http://effectivechildtherapy.com), a joint venture between ABCT and SCCAP.

Mitch is strongly committed to the professional development of students and trainees across the educational pipeline. He has offered dozens of invited talks on a wide variety of professional development topics, and has written extensively with advice about professional milestones. He has co-written and edited several professional development books, blogs, and websites, including the APAGS Workbook on the internship selection process, now in its fourth edition, and *The Portable Mentor*, now in its second edition. Mitch's "uncensored advice" on the clinical psychology admissions process has been downloaded over 10,000 times. For over 14 years, Mitch has organized a professional development seminar for graduate students, offering practical career advice on topics not typically covered in doctoral curricula. He was selected as a recipient of the American Psychological Association of Graduate Students Raymond D. Fowler Award for professional development of graduate students.

Mitch's most important contributions to the field have involved teaching and mentoring students interested in psychology. He is a recipient of the ABCT Outstanding Mentor Award. Mitch also loves teaching and has received several honors for his classroom instruction, such as the UNC Chapel Hill Tanner Award for Undergraduate Teaching, the Psi Chi Professor of the Year Award, and the Psychology Club Department Research Mentor Award. Mitch also maintains a very large lab of undergraduate students, postbaccalaureate assistants, graduate students, and postdoctoral fellows, and he is strongly committed to the advancement of their careers. The collective accomplishments of Mitch's students and former trainees include admission into dozens of competitive clinical psychology doctoral programs and internships, APA Student Division Awards, NSF Fellowships, NRSA Awards, 2 Rhodes Scholarships, and a MacArthur Foundation Fellowship (i.e., "Genius Award"). Of all of his professional contributions, Mitch takes greatest pride in his students' success and happiness.